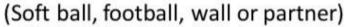
## Game: Passing a Football

Working on your own or in pairs and taking turns, complete each challenge for at least 30 seconds, can you;



- Pass the ball in a straight line
- Kick the ball with the inside of your foot and not your toes
- 3. Pass the ball to your partner or against a wall
- 4. Pass the ball using your weaker foot
- Pass the ball 5 times with your right foot and 5 times with your left foot to your partner keeping the ball under control

## Can you add another challenge?





## **Tips from Partner**

- Keep eyes on the ball
- Use the inside of your foot
- Take your time
- Keep the ball under control

