

# Game: Passing a Football



**Working on your own or in pairs and taking turns, complete each challenge for at least 30 seconds, can you;**

(Soft ball, football, wall or partner)

1. Pass the ball in a straight line
2. Kick the ball with the inside of your foot and not your toes
3. Pass the ball to your partner or against a wall
4. Pass the ball using your weaker foot
5. Pass the ball 5 times with your right foot and 5 times with your left foot to your partner keeping the ball under control

## Tips from Partner

- Keep eyes on the ball
- Use the inside of your foot
- Take your time
- Keep the ball under control

**Can you add another challenge?**



**Clixby**

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