

## Games: Airborne

**Working on your own or in pairs and taking turns, completing each challenge for at least 30 seconds, can you;**

1. Juggle with 1 ball
2. Juggle with 2 balls
3. Juggle with 3 balls
4. Complete all of the above for 1 minute
5. Can you move around in a small area whilst juggling with 2 balls



### Tips from Partner

- Stay still
- Keep your eyes on the ball
- Keep your hands steady



**Can you think of a more difficult challenge?**



**Clixby**  
Active Pro Sports